

## **Kerala University College Of Teacher Education ,Nedumangad**

### **National Service Scheme -KL-07-153**

#### **Report On NSS Activities**

#### **Activity 1:Renovation of room for NSS**

NSS volunteers of KUCTE nedumangad started the renovation of a room for NSS by the first week of February and completed the work in one week.

#### **Activity 2: Participation in Youth Parliament.**

\_\_NSS volunteers of KUCTE Nedumangad have participated in National Youth Parliament organised by Nehru Yuva Kendra on 29/01/2023.

#### **Activity 3: “Padheyam” ...Community lunch programme**

The students and staffs of KUCTE Nedumangad has organised a community lunch programme at Government Taluk Hospital Nedumangad on 22<sup>nd</sup> February 2023. Around 150 lunch packets were distributed to the inpatients of the hospital. The lunch packets were brought by the NSS volunteers and staff of KUCTE Nedumangad.

#### **Activity 4:'Thanneerpandal'**

The NSS unit of KUCTE Nedumangad has organised a programme which was named as Thanneerpandal in order to supply buttermilk on 20<sup>th</sup> April 2023.Around 200 glasses of buttermilk was distributed to people at Mukkola road.

#### **Activity 5:'Sneaurava'**

NSS volunteers of KUCTE Nedumangad initiated a compassionate and eco friendly community service which was titled as sneaurava on 17/03/2023.The programme was organised to supply water to birds and animals in the college campus. The program was organised with a view to quench the thirst of the birds and animals during the hot summer.

#### **Activity 6:'Kunjupoompattakalkku Oru Kaithangu'**

NSS volunteers of KUCTE Nedumangad embarked a noble initiative to provide learning materials and stationaries to the students of Government town UPS Nedumangad under the title 'Kunjupoompattakalkku oru kaithangu' on 7<sup>th</sup> June 2023.

#### **Activity 7:Women's day celebration and Talk on menstrual hygiene**

NSS unit organised especial event on March 10<sup>th</sup> in connection with women's n day. It was held at college auditorium and a talk on menstrual hygiene was given by Doctor Leela Mony. SY, senior Gynecologist,Yana mother and child hospital Inchakkal.

#### **Activity8:Malinyamuktha nava Kerala campaign**

NSS volunteers of KUCTE Nedumangad participated in the cleaning programme organised by the Government of Kerala as part of Malinyamuktha nava Kerala Campaign.

**Activity 9: Awareness programme on waste management and hazards of plastic waste**

KUCTE Nedumangad organized an awareness program on waste management and hazards of plastic waste on June 6, 2023. An open discussion on waste management, its segregation and proper treatment of plastic waste were given to the Harithakarma workers of Mancha ward.

**Activity 10: Yoga in every day life**

In connection with yoga day a talk and practical session on yoga and its importance in maintaining physical and mental well being was organized by the NSS unit on 19/06/2023. Sri. Sreekantan Nair, Chief yoga practioner of Athmadarsini Yoga Seva Samithi was the resource person.

**Activity 11: Awareness Rally on waste management**

Volunteers of KUCTE Nedumangad participated in the awareness rally on waste management organized by Nedumangad municipality on 10/08/2023.

**Activity 12: Independence day celebration**

Independence day was celebrated on 15/08/2023 at KUCTE Nedumangad under the leadership of NSS unit.

**Activity 13: NSS Unit Inauguration and talk on NSS Activities**

Inauguration of NSS unit (KL-07-153) was

Conducted on 18/08/2023 at KUCTE Nedumangad by Dr. Anzer. RN, State NSS Officer Govt. Of. Kerala. Followed by this a talk on NSS activities and its organization was given by the chief guest.

**Activity 14: Town planning discussion**

\_ A program on two planning discussion was organized by the Nedumangad municipality on 24/08/2023. Our NSS volunteers were invited for the program to put forth suggestions regarding the educational matters.